

## INSTRUCTIONS FOR A BALLET BUN



### What do I need to make the bun?

- Hair brush with nylon or natural bristles (close bristles)
- Hair elastic
- Nylon hair net (matching hair color-available at WBC or most drug stores)
- Hair pins or bobby pins. Hair pins (U shape) are thicker and will grip more hair. (10-20 pins are needed, depending on thickness and length of hair.)
- Hair spray
- Hair gel

### How do I make the bun?

1. Wet and brush hair.
2. Apply a small amount of gel to your hair.
3. Pull hair back neatly into a ponytail. (Placement of the ponytail determines placement of your bun—see page 2.) Use a brush to smooth "lumps and bumps".
4. Secure ponytail tightly with hair elastic.
5. Use hair spray to eliminate any "whisps" around the head, smoothing any remaining bumps of hair on your head. You should not need any extra clips or pins for bangs or short layers.
6. Twist the ponytail as you gradually begin wrapping the hair around the elastic, **inserting hair pins as you wrap**. Be sure that your hair pins contain hair from both the head and the ponytail. Continue wrapping the hair, as you **insert a hair pin about every inch** to keep the bun flat against your head.



6. The idea is to have your bun tightly coiled around your elastic and flat against your head, **RESEMBLING A CINNAMON ROLL**.
7. Once you have created your bun, wrap your hair net around the bun as many times as it will allow for a snug fit.
8. Hold the hair net in place with a few extra bobby pins, and hair spray or gel any stray hairs.



**CORRECT** Shape of Bun



**INCORRECT** Shape of Bun

### Low Bun



\*Part hair on the right side of head.

\*Place pony tail in line with your ears.



### Middle High Bun



\* Do not part hair. Pull hair straight back into pony tail.

\*Place pony tail on the top, back of your head.



### High Bun



\* Do not part hair. Pull hair straight back into pony tail.

\*Place pony tail on the very top of head.

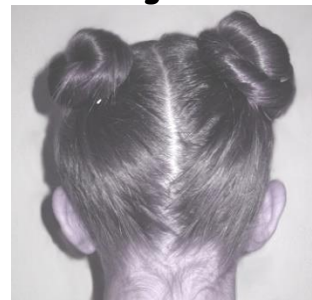


### Two Low Buns



\*Pony tails should be in line with your ears.

### Two High Buns



\*Pony tails should be placed on the top, back of your head.